

WILDSMITH TREATMENTS

Designed to support recovery, repair and balance, Wildsmith Treatments are inspired by the universal principle of circadian rhythm and delivered by highly trained practitioners who will guide and help deliver profound results.

Each treatment incorporates Wildsmith Skin's clinically proven, high-performance formulations created to support and transform skin health, with the connection between practitioner and guest enabling expert diagnosis for treatments aligned to the time of the day.

WILDSMITH RADICAL BOTANY FACIAL60mins140

A results-driven facial designed to restore skin health and radiance. Using award-winning Wildsmith Skin formulations, this treatment combines breathwork, facial massage and tension-releasing techniques to smooth, tone and plump the skin, leaving both complexion and mind refreshed.

WILDSMITH REBALANCING MASSAGE60mins140

A bespoke therapeutic massage using essential oil blends aligned to the time of day. Slow, flowing techniques help ease muscular tension, improve circulation and restore balance, promoting deep relaxation and overall wellbeing.

WILDSMITH MUSCLE RECOVERY MASSAGE60mins150

A targeted deep massage focusing on muscles and connective tissue. Using firm pressure and stretching techniques, this treatment helps relieve tension, reduce muscle fatigue and support physical recovery.

WILDSMITH NEW LIFE MASSAGE60mins140

A nurturing treatment for expectant parents from the second trimester onwards. Performed in a comfortable seated position, gentle massage movements help relieve aches and tension, while an essential oil-free body oil supports skin hydration and elasticity.

BESPOKE SALTMORE MASSAGE & EXPRESS FACIAL120mins280

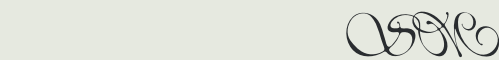
A deeply restorative full-body massage aligned to the time of day, using tailored techniques and essential oil blends to support the body's natural rhythm. Flowing movements and personalised pressure bring harmony to body and mind, before finishing with an express facial to refresh and revitalise the skin.

BESPOKE SALTMORE FACE & BODY RITUAL120mins280

A nourishing face and body experience designed to restore moisture and comfort. Gentle body brushing prepares the skin for a deeply hydrating balm-to-oil application rich in bioactive ceramides, while a moisture-boosting facial mask strengthens and repairs. Finished with a relaxing scalp or foot massage.

WILDSMITH REGENERATIVE RADIANCE FACIAL60mins140

A results-driven facial designed to restore skin luminosity and improve skin tone using antioxidant-rich formulations. Potent bioactive and botanical ingredients work in harmony to neutralise free radicals and reduce oxidative stress, supporting a healthier, more radiant complexion. Beginning with guided breathwork and visualisation techniques to help calm the nervous system and enhance skin receptivity. A targeted eye massage helps relieve screen-induced fatigue, boost circulation, and reduce puffiness and dark circles.



GERMAINE DE CAPUCCINI

Discover a collection of results-driven face and body therapies by Germaine de Capuccini, where advanced skincare expertise meets deeply restorative wellbeing.

Each treatment has been thoughtfully selected to deliver visible results while creating moments of complete relaxation. Combining innovative formulations, exclusive active ingredients and time-honoured massage rituals inspired by cultures around the world, every experience is designed to nurture both skin and spirit.

From restorative facials to indulgent body therapies, allow expert hands, soothing aromas and carefully crafted techniques to restore balance, leaving you feeling renewed, revitalised and beautifully cared for.

WHISPERING FOREST RITUAL

120mins | 260

Energising, Nourishing, Restorative Exfoliation, massage and facial

Immerse yourself in this truly restorative escape for face, body, mind and spirit. Reawaken and renew your skin with an indulgent full-body exfoliation, massage and facial. Infused with a nourishing combination of passion fruit, annatto, and avocado oils, and enriched with Cupuaçu butter and fine tagua particles, this velvety formula gently polishes and revitalises. The outcome is silky-soft, radiant skin, perfectly prepared for hydration of the blissful rhythmic face and body massage that blends luscious passion fruit, vibrant annatto, and nourishing Pataua oils into a silky gel.

This deeply sensory experience draws inspiration from the holistic and energetic Lomi Lomi massage, employing fluid, sweeping strokes with hands and forearms to awaken your senses, relieve tension, and leave your skin beautifully soft, hydrated, and radiant.

HYDRA RESTORE-HYALURONIC FACIAL

60mins | 135

Timexpert Hydraluronic
Plumping and hydrating visibly firmer skin

A deeply hydrating facial designed to replenish moisture and restore skin softness and glow. Infused with Hyaluronic Acid, this nourishing treatment helps attract and retain hydration, leaving the skin plump, smooth, and refreshed, working with 3 different weights of hyaluronic acid to target each level of the skin.

Perfect for dry, dehydrated, or tired skin in need of lasting moisture and radiance.

RADIANT GLOW FACIAL - WITH PURE VITAMIN C

60mins | 135

Timexpert Radiance C
Illuminate and revitalise your skin with the power of Vitamin C

An uplifting facial designed to instantly refresh and revitalise the skin. Powered by Vitamin C, this glow-enhancing treatment helps brighten dull complexions, boost hydration, and restore a healthy, dewy radiance. Complete with a Bamboo Tissue Facial Mask, drenched in pure Vitamin C serum, to allow your skin to soak up and absorb the powerful cocktail of active ingredients.

Perfect before events or whenever your skin needs a boost, leaving the complexion luminous, refreshed, and glowing.

COLLAGEN BOOST FACIAL
- AGE-DEFYING FOR LINES AND WRINKLE

Timexpert Wrink-less

Rewrite your youth, fewer wrinkles, more elasticity

Targeting lines and wrinkles with our top-selling range of pro collagen products. Using targeted wrinkle-filling techniques, facial contours are enhanced while natural collagen production is stimulated to promote long-term elasticity. Powered by the exclusive CELASPEP-4™ complex, this patented* blend penetrates deep within the skin to strengthen its structure, delivering immediate and lasting filler-like effects.

A specialised expert massage tool gently lifts and sculpts the facial contours.

LIFT & NECK SCULPTING FACIAL - REVOLUMISING AND LIFTING

Timexpert LIFT_IN

Lift and define the facial contours for renewed vitality

With the exclusive ingredients of Brittany Red Microalgae, naturally derived ceramides and HLG (Patented Nanopolymer), this facial will strengthen the skin's structure and correct signs of ageing.

The Y - shape lifting massage tool expertly remodels and stimulates the skin, providing a unique lifting effect along with redefined cheekbones and jawline with visibly reduced flaccidity along the chin and neck line to reduce puffiness and aid drainage, combined with our powerful Timexpert Lift_IN range, which works to plump and redefine the skin's tissues.

FACIAL TREATMENT ENHANCERS

A range of non-invasive peel therapies, designed to be added on to any Spa Facial to enhance the overall treatment and improve absorption of products.

Choose from:

- Flash - Illuminating Peel, increasing the skins natural glow
- Anti-ageing - Rejuvenating complex for signs of ageing, targeting lines and wrinkles
- Balancing - Sebum regulating, and repairing, acne scars, dilated pores Lactobionic
- AOX - Anti-oxidising peel, suitable for sensitive skin, strengthen the skins natural barrier
- Pigment Peel - Targeting dark spots and pigmentation

Can be added to any Germaine de Capuccini Facial Treatment or Ritual that includes a Facial.

CRYOTHERAPY EXPERIENCE

Step into our immersive full body cryotherapy experience - a three minute treatment for mind and body.

The modern day ice bath offers relief from chronic inflammation, accelerates recovery, improves mood and elevates skin health.

What's included:

- Three minute cryotherapy treatment
- Use of protective equipment included

Prices:

One-off experience – £45pp

5 for £200 (save £5 per session)

10 for £350 (save £10 per session)

Please note, you must wear dry swimwear and remove all metal jewellery. A health form is to be completed upon arrival. This treatment is not suitable for pregnant women, individuals under 18 or anyone with underlying health conditions.

