

## DAYTIME MENU

Monday to Saturday

### BONE BROTHS

Beef & Beetroot Bone Broth	8
Chicken, Ginger & Lemongrass Bone Broth	7

### SNACKS

Saltmoore Focaccia* Ve	6
House Olives* Ve	6
Mixed Nuts* Ve	6
Coastal Cheddar Cheese Croquetas V	6

### CLUB SANDWICHES

Bavette Steak	28
Bavette Steak, Mustard Mayonnaise, Onion Relish, Tomato, Lettuce, Egg	
Vegetable V	18
Red Pepper, Egg, Lettuce, Watercress, Tomato, Avocado	
Cheese & Ham	18
Vintage Reserve Cheddar, Honey Baked Ham, Chutney	
Classic Chicken	20
Chicken, Bacon, Avocado, Lettuce, Tomato	

### WELLNESS BOWLS

Hot Smoked Salmon*	28
Hot Smoked Salmon, Fennel, Orange, Dill	
Cobb Salad*	24
Chicken, Avocado, Harrogate Blue Cheese, Egg, Tomato, Buttermilk Dressing	
Giant Cous Cous* V	22
Red Pepper, Feta, Mint Yoghurt	
Udon Noodles	20
Thai Style Broth	

### SMOOTHIES

Kale Kick	8.5
Kale, Spinach, Mango	
Big Five	8.5
Strawberry, Mango, Pineapple, Kiwi	
Detox	8.5
Ginger, Courgette, Carrot, Blueberry, Banana	

### SALTMOORE CLASSICS

Fish & Chips	28
Mushy Peas, Tartar, Lemon	
Saltmoore Burger	26
Tomato, Lettuce, Bacon Jam, Coastal Cheddar, Pickled Cucumber, Pork Fat Fries	

### SIDES

Mixed Salad* Ve	6
Pork Fat Fries*	6

### ADD ONS

Beef Bavette*	12
Halloumi* V	7
Chargrilled Chicken Breast*	9
Hot Smoked Salmon*	10
Tofu* Ve	7
Avocado* Ve	6
Poached Eggs* V	5

If you have an allergy or intolerance, please let us know. Dishes marked with \* can be prepared gluten free. Whilst we do our best, we can't guarantee that any of our dishes are totally allergen free. Please note, we add a 12.5% discretionary service charge.