





## **WILDSMITH TREATMENTS**

Designed to support recovery, repair and balance, Wildsmith Treatments are inspired by the universal principle of circadian rhythm and delivered by highly trained practitioners who will guide and help deliver profound results.

Each treatment incorporates Wildsmith Skin's clinically proven, high-performance formulations created to support and transform skin health, with the connection between practitioner and guest enabling expert diagnosis for treatments aligned to the time of the day.

**WILDSMITH RADICAL BOTANY FACIAL**

60mins | 140

A results-driven facial designed to restore skin health and radiance. Using award-winning Wildsmith Skin formulations, this treatment combines breathwork, facial massage and tension-releasing techniques to smooth, tone and plump the skin, leaving both complexion and mind refreshed.

---

**WILDSMITH REBALANCING MASSAGE**

60mins | 140

A bespoke therapeutic massage using essential oil blends aligned to the time of day. Slow, flowing techniques help ease muscular tension, improve circulation and restore balance, promoting deep relaxation and overall wellbeing.

---

**WILDSMITH MUSCLE RECOVERY MASSAGE**

60mins | 150

A targeted deep massage focusing on muscles and connective tissue. Using firm pressure and stretching techniques, this treatment helps relieve tension, reduce muscle fatigue and support physical recovery.

---

**WILDSMITH NEW LIFE MASSAGE**

60mins | 140

A nurturing treatment for expectant parents from the second trimester onwards. Performed in a comfortable seated position, gentle massage movements help relieve aches and tension, while an essential oil-free body oil supports skin hydration and elasticity.

---

**BESPOKE SALTMORE MASSAGE & EXPRESS FACIAL**

120mins | 280

A deeply restorative full-body massage aligned to the time of day, using tailored techniques and essential oil blends to support the body's natural rhythm. Flowing movements and personalised pressure bring harmony to body and mind, before finishing with an express facial to refresh and revitalise the skin.

---

**BESPOKE SALTMORE FACE & BODY RITUAL**

120mins | 280

A nourishing face and body experience designed to restore moisture and comfort. Gentle body brushing prepares the skin for a deeply hydrating balm-to-oil application rich in bioactive ceramides, while a moisture-boosting facial mask strengthens and repairs. Finished with a relaxing scalp or foot massage.

---

**WILDSMITH REGENERATIVE RADIANCE FACIAL**

60mins | 140

A results-driven facial designed to restore skin luminosity and improve skin tone using antioxidant-rich formulations. Potent bioactive and botanical ingredients work in harmony to neutralise free radicals and reduce oxidative stress, supporting a healthier, more radiant complexion. Beginning with guided breathwork and visualisation techniques to help calm the nervous system and enhance skin receptivity. A targeted eye massage helps relieve screen-induced fatigue, boost circulation, and reduce puffiness and dark circles.

